

# SAMPLE CNA RESUME-EXPERIENCED

## CHRIS RUIZ

Springfield, MA 01107

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### SUMMARY

Certified Nursing Assistant and Certified Home Care Aide with over 5 years of experience in long and short-term care for diverse patients in extended-term care and home environments. Highly skilled in assisting patients with dementia, chronic illness, or recovering from surgery and accidents. Bi-lingual, English-Spanish, and bi-cultural. Strengths include dedication, compassion, and excellent interpersonal skills.

### EDUCATION

- Certificate: Certified Nursing Assistant Training (CNA), Springfield Works, Springfield, MA 2019
- Certificate: Certified Home Health Aide Training (HHA), American Red Cross (AMR), Springfield, MA 2018

### CERTIFICATIONS AND LICENSURE

- CPR/First Aid/AED Certification, American Red Cross (AMR), Exp. May 5, 2021 May 5, 2019
- Licensed Massage Therapist (LMT). Exp. April 12, 2022 April 12, 2019
- Board of Registration of Massage Therapy, MA

### QUALIFICATIONS

- Active Certifications: Cardiopulmonary Resuscitation (CPR), First Aid, Automated External Defibrillator (AED), American Red Cross (AMR)
- Experience assisting patients with dementia and chronic illness
- Basic medical terminology; record keeping, documentation
- Experience following government and employer regulations during COVID-19
- Vital signs, medical equipment set up, catheter cleaning, changing dressings
- Experience recognizing and reporting changes and abnormalities to licensed healthcare providers
- Experience working as a member of an interdisciplinary medical team
- Effective communication skills, ability to relate to patients and family members; bi-lingual, English-Spanish; translation services
- Personal care services (bathing, grooming, toileting, feeding, lifting, transferring, and range of motion exercises)
- Recognizing and reporting health and behavior changes to licensed providers
- Workplace safety and infection control procedures
- Treatment administration under the supervision of registered and licensed nursing staff
- Skill calming patients experiencing emotional stress and anxiety
- Understanding of and compliance with patient rights
- Valid Massachusetts driver's, reliable transportation/patient transport, excellent driving record
- Microsoft Word, Excel, Outlook; Google Suite: Google Docs, Google Sheets, Gmail

### WORK EXPERIENCE

XYZ Long Term Care, Chicopee, MA

June 2019–Present

#### **Certified Nursing Assistant (CNA)**

- Assist nursing staff with vital signs, patient personal care, cleaning catheters, and setting up medical equipment
- Observe and report changes in medical conditions and behavior
- Follow government and employer COVID-19 regulations
- Provide personal care for dementia/Alzheimer patients; de-escalate potentially dangerous situations

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### WORK EXPERIENCE, Continued

ABC Healthcare Services, Springfield, MA

October 2016–June 2019

**Home Health Aide** (Promotion), 2018 – 2019

**Home Care Aide**, 2016 – 2018

- Awarded “Employee of the Month, January 2018
- Recorded vital signs, observed and reported changes in medical condition and behavior, maintained daily service records, and accompanied patients to medical appointments
- Provided daily bathing, grooming, massage, dressing, and meals according to dietary restrictions

Cumberland Farms, Springfield, MA

April 2010–October 2016

**Cashier**

- Operated cash register, received payments (cash, check, credit cards, vouchers, debit cards) and performed daily end of shift cash ally with 100% accuracy
- Problem solved, provided prompt, courteous customer service and resolved complaints
- Stocked shelves, maintained clean, organized checkout areas according to company standards

### ADDITIONAL EXPERIENCE

Over 5 years of experience as a receptionist. Greeted clients, assisted with confidential intake forms, scheduled appointments. Elmhurst Human Services, Elmhurst, MA. Elmhurst Human Services, Elmhurst, MA

### ADDITIONAL EDUCATION

- Certificate: Certified Nursing Assistant Training (CNA), Springfield Works, Springfield, MA
- Diploma: Chelsea High School, Chelsea, MA